

EVENT	NAME	CLUB	PERFORMANCE	DATE	VENUE
100m	John McADOREY	Ballymena & Antrim	10.85	25 May 91	Antrim
200m	John McADOREY	Ballymena & Antrim	21.97	18 Aug 91	Crystal Palace
400m	Curtis WOODS	Lagan Valley	47.27	15 Oct 08	Pune IND
800m	Gareth TURNBULL	St Malachy's	1:52.21	23 Jul 96	Millfield
1500m	Brian TREACY	Annadale Striders	3:47.97	2 Jul 88	Antrim
100 Hurdles	Richard DUNN	Annadale Striders	12.8	29 Jun 91	Tullamore IRL
400 Hurdles	Philip BEATTIE	Shorts	53.2	24 May 80	Shaws Bridge
1500 s/chase	Noel COLLINS	Omagh Harriers	4:21.94	4 Jun 06	Tullamore
High Jump	Darragh MURPHY	North Down	2.11	25 Jul 91	Sofia, BUL
Pole Vault	Edward MOURBEY	Chesterfield	4.20i	25 Nov 06	Sheffield
Long Jump	Mark FORSYTHE	Ballymena & Antrim	7.04	1 Aug 82	Cwmbran
Triple Jump	Michael McDONALD	Ballymena & Antrim	14.06 (1.6)	7 Aug 82	Edinburgh
Shot (5k)	Jonathan GRAY	Ballymena	15.44	29 May 71	Shaws Bridge
Discus (1.5k)	Alan BELL	Annadale Striders	48.94	21 Jun 86	Mary Peters
Hammer	Dempsey McGUIGAN	Shaftesbury B.	68.99	4 Jul 10	Tullamore IRL
Javelin	Ben HOUGHTON	Ballymena & Antrim	64.34	20 Jul 97	Lisbon POR