

EVENT	NAME	CLUB	PERFORMANCE	DATE	VENUE
100m	Jason SMYTH	City of Derry	10.61 (1.0)	7 Jul 06	Mannheim GER
200m	Jason SMYTH	City of Derry	21.44 A	28 Apr 07	Provo USA
400m	Curtis WOODS	Lagan Valley	47.27	15 Oct 08	Pune IND
800m	Sean O'NEILL	Ballymena & Antrim	1:48.82	12 Jun 82	Antrim
1500m	Brian TREACY	Annadale Striders	3:40.68	24 Jul 90	Mansfield
Mile	Brian TREACY	Annadale Striders	4:00.67	22 Aug 90	Bromley
3000m	John DOHERTY	Leeds	7:56.28	13 Jul 80	Crystal Palace
5000m	John DOHERTY	Thames Valley	13:48.84	8 Aug 80	
110 Hurdles	Richard DUNN	Annadale Striders	14.84	22 Jun 93	Antrim
400 Hurdles	Philip BEATTIE	Shorts	51.07	20 Aug 82	Crystal Palace
2000 s/chase	Peter McCOLGAN	Apollo	5:50.19	1 Aug 82	Cwmbran
3000 s/chase	Peter McCOLGAN	Apolo	9:11.59	18 May 82	Belfast MPT
High Jump	Richard ROBINSON	Ballymena & Antrim	2.13	4 Jun 83	Belfield
Pole Vault	Neil YOUNG	Annadale Striders	5.00	18 May 96	Belfast MPT
Long Jump	Mark FORSYTHE	Ballymena & Antrim	7.36	15 Aug 84	Birmingham
Triple Jump	Michael McDONALD	Ballymena & Antrim	15.37	11 Aug 84	Birmingham
Shot	Andrew DOYLE	Mid Ulster	16.02	17 Jul 11	Santry IRL
Discus	Andrew DOYLE	Mid Ulster	16.18	25 Apr 11	Killybegs IRL
Hammer	Ian McMULLAN	Annadale Striders	48.22	8 May 93	Welwyn
Javelin	Martin GIRVAN	Woodford Green	66.14	21 Jul 79	Cleckheaton
4 x 100m	Dempsey McGUIGAN	Shaftesbury B	67.25	11 Sep 11	Derby
4 x 400m	Andrew GALLAGHER	Border	66.95	18 Aug 01	Stoke